

AAEBI Dissemination Plan 2020 - 2021						
Activity	Start Date	Complete Date	Audience	Lead Contributors	Status	Notes
Post Dissemination Plan @ MAOP & DHSS websites	7/1/20	9/30/20	Community organizations	Beth Richards, Jim Pruitt		
Present AAEBI course description and referral process through the MTN webinars.	7/1/20	6/30/21	Healthcare Workers	Beth Richards, RAC Coordinators,		
Develop presentation on AAEBIs, implementation and referral.	7/1/20	8/15/20	Community organizations, employers, healthcare providers, health plans	Beth Richards, RAC Coordinators		
Train staff as course leaders from 2 additional Missouri worksite wellness programs that complete Work @ Health 2020 training and are utilizing the CDC worksite scorecard to adopt and promote AAEBIs.	07/1/20	03/31/20	Employers	Beth Richards, MOCAN		
Provide technical assistance to AAEBI program leaders, including leader training, national course licensure	7/1/20	6/30/21	Program Leaders	Jim Pruitt, Beth Richards		

and data management for each AAEBI.						
Establish contracts for 7 regional arthritis centers to coordinate AAEBI implementation in their region.	7/1/20	7/1/20	Contractors	DHSS		
Identify potential adopters of AAEBI implementation and referral	7/15/20	8/30/20	Adopters	Beth Richards, Jim Pruitt, RACs		
Email the MAOP partner network to introduce the plan & recruit collaborators	8/1/20	8/10/20	Partners	Beth Richards		
Create new or identify existing CDC social media messages on AAEBI programs.	8/1/20	9/15/20	Persons with arthritis & other chronic conditions	Beth Richards, Jim Pruitt, DHSS Public Information		
Present the AAEBI Dissemination Plan and menu of AAEBI to RACs and University Extension staff.	9/15/20	12/31/20	RAC Coordinators, Extension Staff	Beth Richards		
Establish a verbal or written agreement with MCHCP with MCHCP & MO HealthNet to refer members to AAEBI.	10/1/20	6/30/21	Clinical Directors	Beth Richards, Jim Pruitt		

Release 3 social media messages on AAEBI per quarter.	10/1/20	6/30/20	Persons with arthritis & other chronic conditions	Jim Pruitt, Beth Richards, RAC Coordinators		
Identify and pursue innovative funding for sustainability of AAEBI.	7/1/20	5/31/21	Community organizations, employers, healthcare providers, health plans, etc.	Beth Richards, University of Missouri, University Extension		
Make AAEBI presentation to 2 potential adopters in each RAC region and 3 health plans.	10/1/20	6/30/21	Community organizations, employers, healthcare providers, health plans, etc.	RAC Coordinators, Beth Richards		
Develop fact sheet on arthritis related BRFSS data.	9/1/20	11/1/20	Partner Network	Jim Pruitt, DHSS Ofc. Of Epidemiology		
Post BRFSS fact sheet on MAOP and DHSS websites and email to partners	11/15/20	11/30/20	Partner Network, Public	Jim Pruitt, Beth Richards		
<b>AAEBI Dissemination Plan 2021 - 2022</b>						
Activity	Start Date	Complete Date	Audience	Lead Contributors	Status	Notes
Update dissemination plan	7/1/21	7/30/21	Community organizations	Beth Richards, Jim Pruitt		
Present AAEBI course description and referral process	7/1/21	6/30/22	Healthcare Workers	Beth Richards, RAC Coordinators,		

through the MTN webinars.						
Train staff as course leaders from 2 additional Missouri worksite wellness programs that complete Work @ Health 2020 training and are utilizing the CDC worksite scorecard to adopt and promote AAEBIs.	07/1/21	03/31/22	Employers	Beth Richards, MOCAN		
Provide technical assistance to AAEBI program leaders, including leader training, national course licensure and data management for each AAEBI.	7/1/21	6/30/22	Program Leaders	Jim Pruitt, Beth Richards		
Maintain contracts for 7 regional arthritis centers to coordinate AAEBI implementation in their region.	7/1/21	7/1/22	Contractors	DHSS		
Update list of potential adopters of AAEBI implementation and referral	7/15/21	7/15/21	Adopters	Beth Richards, Jim Pruitt, RACs		
Create new or identify existing CDC social media messages on AAEBI programs.	8/1/21	9/15/22	Persons with arthritis & other chronic conditions	Beth Richards, Jim Pruitt, DHSS Public Information		

Present the AAEBI Dissemination Plan and menu of AAEBI to RACs and University Extension staff.	9/15/21	12/31/22	RAC Coordinators, Extension Staff	Beth Richards		
Release 3 social media messages on AAEBI per quarter.	07/1/21	6/30/22	Persons with arthritis & other chronic conditions	Jim Pruitt, Beth Richards, RAC Coordinators		
Make AAEBI presentation to 2 potential adopters in each RAC region and 3 health plans.	10/1/21	6/30/22	Community organizations, employers, healthcare providers, health plans, etc.	RAC Coordinators, Beth Richards		
Update fact sheet on arthritis related BRFSS data.	9/1/21	11/1/21	Partner Network	Jim Pruitt, DHSS Ofc. Of Epidemiology		
Post BRFSS fact sheet on MAOP and DHSS websites and email to partners.	11/15/21	11/30/21	Partner Network, Public	Jim Pruitt, Beth Richards		
Email AAEBI sustainability tool to partners.	12/1/21	12/15/21	Partners, community organizations, employers, healthcare providers, health plans, etc.	Beth Richards		

**AAEBI Dissemination Plan 2022 - 2023**

Activity	Start Date	Complete Date	Audience	Lead Contributors	Status	Notes
Train staff as course leaders from 2 additional Missouri worksite wellness programs that complete Work @ Health 2020 training and are utilizing the CDC worksite scorecard to adopt and promote AAEBIs.	07/1/22	03/31/23	Employers	Beth Richards, MOCAN		
Provide technical assistance to AAEBI program leaders, including leader training, national course licensure and data management for each AAEBI.	7/1/22	6/30/23	Program Leaders	Jim Pruitt, Beth Richards		
Maintain contracts for 7 regional arthritis centers to coordinate AAEBI implementation in their region.	7/1/22	7/1/23	Contractors	DHSS		
Update list of potential adopters of AAEBI implementation and referral	7/15/21	7/15/21	Adopters	Beth Richards, Jim Pruitt, RACs		
Create new or identify existing CDC social media	8/1/21	9/15/22	Persons with arthritis & other chronic conditions	Beth Richards, Jim Pruitt, DHSS Public Information		

messages on AAEBI programs.						
Release 3 social media messages on AAEBI per quarter.	07/1/21	6/30/22	Persons with arthritis & other chronic conditions	Jim Pruitt, Beth Richards, RAC Coordinators		
Make AAEBI presentation to 2 potential adopters in each RAC region and 3 health plans.	10/1/22	3/1/23	Community organizations, employers, healthcare providers, health plans, etc.	RAC Coordinators, Beth Richards		
Update fact sheet on arthritis related BRFSS data for past five years.	9/1/22	11/1/22	Partner Network	Jim Pruitt, DHSS Ofc. Of Epidemiology		
Post BRFSS fact sheet on MAOP and DHSS websites and email to partners.	11/15/22	11/30/22	Partner Network, Public	Jim Pruitt, Beth Richards		
Call the partners, organizations, employers, healthcare providers, health plans, etc. to ask how they will sustain the programs after the end of the five-year project period.	12/1/22	12/20/21	Partners, community organizations, employers, healthcare providers, health plans, etc.	Beth Richards, RACs		